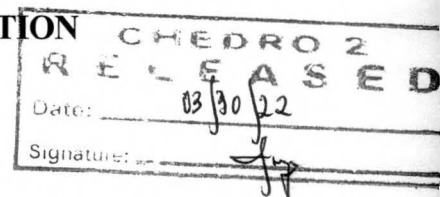




Republic of the Philippines  
OFFICE OF THE PRESIDENT  
**COMMISSION ON HIGHER EDUCATION**  
Region 02



**REGIONAL MEMORANDUM ORDER**  
**No. 104, series of 2022**

**FOR :** ALL PRESIDENTS/OFFICERS-IN-CHARGE/HEADS OF HIGHER EDUCATION INSTITUTIONS (HEIs) IN REGION 02

**SUBJECT :** ZONAL PUBLIC ORIENTATION ON CMO NO. 39, SERIES OF 2021 ENTITLED "POLICIES, STANDARDS AND GUIDELINES ON THE IMPLEMENTATION OF TERTIARY PHYSICAL EDUCATION: PHYSICAL ACTIVITY TOWARDS HEALTH AND FITNESS (PATHFIT) COURSES" AND WALKTHROUGH ORIENTATION ON CMO NO. 40, SERIES OF 2021 ENTITLED "GUIDELINES ON THE IMPLEMENTATION OF FLEXIBLE LEARNING FOR TERTIARY PHYSICAL EDUCATION: PHYSICAL ACTIVITY TOWARDS HEALTH AND FITNESS (PATHFIT) COURSES"

**DATE :** MARCH 30, 2022

Attached is the Memorandum from **ATTY. CINDERELLA FILIPINA S. BENITEZ-JARO**, Executive Director IV, Commission on Higher Education, regarding the **Zonal Public Orientation on CHED Memorandum Order (CMO) No. 39, series of 2021 entitled "Policies, Standards and Guidelines on the Implementation of Tertiary Physical Education: Physical Activity towards Health and Fitness (PATHFIT) Courses"** and walkthrough orientation on **CMO No. 40, series of 2021 entitled "Guidelines on the Implementation of Flexible Learning for Tertiary Physical Education: Physical Activity towards Health and Fitness (PATHFIT) Courses"** on **March 31, 2022 at 9:00 AM** onwards via **Hybrid** mode at **Fort Ilocandia Resort and Hotel, Laoag, Ilocos Norte**.

The participants for the abovementioned public orientation are the Presidents, Officer-in-Charge, Heads, Vice Presidents for Academics, Deans, Program Chairs and Faculty members and Students of Higher Education Institutions (HEIs) in Region 2.

Participants to the said activity need to register through the link <https://tinyurl.com/mrxktahb> to receive the Zoom log in credentials. Due to limitations for both venue and online platform, the participants who will not be accommodated through zoom and face-to-face session may visit the Official CHED Facebook page for the livestream of the event.

The copies of the CMO No 39 series of 2021 and CMO No 40 series of 2021 can be downloaded from the CHED website. ([www.ched.gov.ph](http://www.ched.gov.ph)), and navigate the resource drop-down tab and click on Issuances)

For inquiries, you may contact Ms. Ana Cristina T. Biglete of the Office of Programs and Standards Development (OPSD) through telephone number (02) 8441-1253 or email at [sdd.opsd@ched.gov.ph](mailto:sdd.opsd@ched.gov.ph).

Wide dissemination of this Memorandum is desired.

**ATTY. MARCO CICERO F. DOMINGO**  
OIC-Director IV

Encl.: as stated

Kindly rate the delivery of our services through the link below:

Link: <http://bit.ly/CHEDRO2CSS>

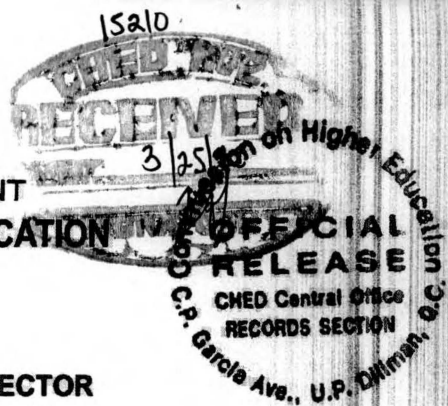
Your response shall help us improve our systems and procedures so we can better serve you.

Thank you.

:bj03302022\_tracking#15210



Republic of the Philippines  
OFFICE OF THE PRESIDENT  
**COMMISSION ON HIGHER EDUCATION**



**MEMORANDUM FROM THE OFFICE OF THE EXECUTIVE DIRECTOR**  
**No. 243**, series of 2022

**FOR : HEADS, PRESIDENTS, AND OFFICERS-IN-CHARGE OF  
PUBLIC AND PRIVATE HIGHER EDUCATION INSTITUTIONS AND  
OTHER RELEVANT STAKEHOLDERS**

**CHED CENTRAL AND REGIONAL OFFICIALS AND STAFF**

**SUBJECT : ZONAL PUBLIC ORIENTATION ON CMO NO. 39 series 2021  
ENTITLED "POLICIES, STANDARDS AND GUIDELINES ON THE  
IMPLEMENTATION OF TERTIARY PHYSICAL EDUCATION:  
PHYSICAL ACTIVITY TOWARDS HEALTH AND FITNESS  
(PATHFIT) COURSES" AND WALKTHROUGH ORIENTATION ON  
CMO NO. 40 series 2021 ENTITLED "GUIDELINES ON THE  
IMPLEMENTATION OF FLEXIBLE LEARNING FOR TERTIARY  
PHYSICAL EDUCATION: PHYSICAL ACTIVITY TOWARDS HEALTH  
AND FITNESS (PATHFIT) COURSES**

**DATE : 10 MARCH 2022**

The Commission on Higher Education through the Office of Programs and Standards Development (OPSD) will conduct the following Zonal Public Orientation on **CMO No. 39 series 2021 entitled "Policies, Standards and Guidelines on the Implementation of Tertiary Physical Education: Physical Activity Towards Health and Fitness (PATHFIT) Courses"** and Walkthrough Orientation on **CMO No. 40 series 2021 entitled "Guidelines on the Implementation of Flexible Learning for Tertiary Physical Education: Physical Activity Towards Health and Fitness (PATHFIT) Courses via Hybrid mode.**

| ZONE   | REGION                                  | DATE/TIME                  | VENUE   | REGISTRATION LINKS  |
|--------|---|----------------------------|---|---|
| LUZON  | I,II,III,IV, V,<br>MIMAROPA,<br>NCR,CAR | 31 MARCH 2022<br>(9:00 AM) | Fort Ilocandia<br>Resort and Hotel,<br>Laoag, Ilocos<br>Norte | <a href="https://tinyurl.com/mrxktahb">https://tinyurl.com/mrxktahb</a> |
| VISMIN | VI,VII,VIII,<br>IX,X,XI,XII,<br>CARAGA  | 21 APRIL 2022<br>(9:00 AM) | Zamboanga<br>(exact venue to<br>be announced)                 | <a href="https://tinyurl.com/598tk3r">https://tinyurl.com/598tk3r</a>   |

Relative to this, the Heads/Presidents/Officers-In-Charge, department heads, faculty and students of higher education institutions, relevant stakeholders; and, CHED Regional Office (CHEDRO) Directors and/or Supervisors are invited to attend the said public orientation.

Due to the capacity limits for both venue and online platforms, participants are requested to register at the links provided above to receive confirmation and details for those attending the face-to-face and online event through Zoom. Participants who will not be accommodated through Zoom and the face-to-face session may visit the Official CHED Facebook page for the livestream of the event.

A copy of CMO Nos. 39 and 40, series of 2021 may be downloaded from the CHED website ([www.ched.gov.ph](http://www.ched.gov.ph)), and navigate the Resource drop-down tab and click on Issuances).

For queries and concerns, you may contact Ms. Ana Cristina T. Biglete of the Office of Programs and Standards Development (OPSD) through landline at 8441-12-53 or email at [sdd.opsd@ched.gov.ph](mailto:sdd.opsd@ched.gov.ph).

Wide dissemination of this Memorandum is desired.

  
**ATTY. CINDERELLA FILIPINA S. BENITEZ-JARO**  
Executive Director IV

Contact us: [executivedirector@ched.gov.ph](mailto:executivedirector@ched.gov.ph)/ (2) 8441-12-16

Give us Feedback: <https://bit.ly/OEDCCSS>

