Republic of the Philippines
OFFICE OF THE PRESIDENT
COMMISSION ON HIGHER EDUCATION
Region 02

CHEDRO 2
RELEASED
Date: 03-03-21
Signature:

REGIONAL MEMORANDUM ORDER
No. 046, series of 2021

FOR	:	**ALL PRESIDENTS/HEADS OF CONCERNED PUBLIC AND PRIVATE HIGHER EDUCATION INSTITUTIONS (HEIs) IN REGION 02 OFFERING BACHELOR OF SCIENCE IN PHYSICAL THERAPY PROGRAM**
SUBJECT	:	**SAMPLE INTERNSHIP PORTFOLIO FOR BACHELOR OF SCIENCE IN PHYSICAL THERAPY (BSPT)**
DATE	:	**MARCH 2, 2021**

The Commission on Higher Education Regional Office 2 hereby disseminates to all Higher Education Institutions (HEIs) in Region 2 offering Bachelor of Science in Physical Therapy (BSPT) program the attached copy of the **Sample Internship Portfolio for BSPT** from the **Technical Panel for Health Professions Education** for refence and guidance.

JULIETA M. PARAS, Ed.D., CESE
Director IV

Encl.: as stated

:rgd/03022021/TR No. 7781

ANNEX A. INTERNSHIP PORTFOLIO (BS PHYSICAL THERAPY)

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
1. **Apply knowledge of physical sciences, social sciences, health sciences and natural sciences to the practice of physical therapy**	1. Appreciation of the human condition 2. Knowledge of human behavior and performance, individual differences in ability, personality and interests, and learning and motivation 3. Capacity to personally interpret the human experience 4. Ability to view the contemporary world from both Philippine and global perspective 5. Self-assuredness in knowing and being Filipino 6. Capacity to reflect critically on shared concerns and think of innovative, creative solutions guided by ethical standards 7. Aptitude in tackling problems methodically and scientifically 8. Ability to appreciate and contribute to artistic beauty 9. Understanding and respect for freedom of religion and belief in God 10. Ability to contribute personally and meaningfully to the country's development	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
2. Demonstrate consistent competence in conducting a comprehensive examination, evaluation, and assessment of patients/clients across the lifespan within a broad continuum of care	1. *Utilize sound clinical reasoning skills in examination, evaluation, and assessment of patients/clients including determining the prognosis* 2. *Select and effectively utilize relevant, valid, reliable, and sensitive measures of health outcomes to determine and screen health status of patients/clients* 3. *Formulate a physical therapy diagnosis for the patient/client* 4. *Accurately and completely document results of examination, evaluation, and assessment according to accepted standards* 5. *Communicate results of examination, evaluation, and assessment to patients/clients and other stakeholders* 6. *Determine the need for referral to appropriate qualified service providers*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
3. Demonstrate consistent competence in planning and implementing appropriate physical therapy interventions for patients/clients across the lifespan within a broad continuum of care	1. *Identify and prioritize problems that may be addressed by physical therapy interventions while utilizing sound clinical reasoning skills in planning and implementing appropriate physical therapy interventions* 2. *Formulate specific, measurable, attainable, realistic, and time-bound goals for patients/clients* 3. *Select appropriate and cost-effective interventions for various patient/client populations and practice settings* 4. *Effectively implement interventions to address client population needs* 5. *Re-evaluate outcomes of interventions given to client populations and modify intervention plan as needed* 6. *Determine need for continuance of treatment, discharge from treatment, or referral to appropriate qualified service providers* 7. *Communicate results of re-evaluation and plan modification to patients/clients and other relevant stakeholders* 8. *Accurately and completely document results of interventions according to accepted standards*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
4. Apply teaching-learning principles in different learning environments	1. Develop an instructional plan appropriate to identified learners, as follows: students, patients (age group, cognitive, and communication considerations), family and caregivers, general public (social status, education status, and gender considerations), peers, and other healthcare providers and professionals 2. Implement effectively appropriate teaching strategies to achieve learning objectives 3. Evaluate achievement of learning objectives for the target audience 4. Provide feedback to identified learners in order to improve learning	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
5. Practice beginning management and leadership skills in various practice settings	1. Develop a plan for the attainment of identified goals appropriate to their practice settings: academe; clinical setting; community; research; homecare; industry; and wellness 2. Organize the internal structure of the practice environment and manage resources to ensure attainment of identified goals 3. Determine qualifications of staff necessary to implement the plan for the achievement of goals and objectives 4. Demonstrate effective managerial and leadership skills to influence behavior of the team towards the attainment of goals and objectives 5. Monitor and evaluate the team's performance based on identified goals in order to determine success 6. Contribute to the crafting of local policies to strengthen the institutionalization of physical therapy services 7. Demonstrate capacity to establish an independent professional practice model while utilizing basic entrepreneurial skills *8. Apply the concepts of customer and personal service, and public safety and security in the delivery physical therapy services*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
6. Demonstrate research-related skills in the application of best practice evidence in the performance of various roles in different practice settings	1. Identify relevant practice questions based on a particular context 2. Conduct a systematic search of related research articles (best available evidence) in libraries and databases using identified keywords 3. Critically appraise research articles using accepted standards 4. *Utilize valid research findings in evidence-based practice (to focus on extracting the practical and clinical implications of research findings)* 5. Contribute to the development of institutional, local, national, and international programs and policies that can influence physical therapy practice, and health in general 6. Demonstrate basic skills in conducting a formal research may include:* a. Identifying relevant research problems that warrant investigation; b. Choosing an appropriate research design and methodology c. Conducting an ethics-approved research protocol d. Applying appropriate statistical analysis methods/models for data collected	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
	e. Documenting results of research according to prescribed format 7. Effectively communicate findings of the research to an audience through oral and poster presentations 8. Draft a research report in its publishable form following guidelines and standards of a chosen journal* 9. Apply basic ethical principles and good clinical practice in health research 10. Exercise integrity in the conduct of research 11. Collaborate with researchers in other areas of specialization to generate research with broader application or impact 12. Identify and maximize sources of funding to support the conduct of research* **Indicators 6, 8 and 12 are expected of University-level programs*	Main Teaching-Learning Activities:					
		Assessment:					
7. **Promote health and improved quality of life through the practice of the profession**	*1. Assess general state of health and quality of life in different client populations across the lifespan* *2. Develop / create / enhance a plan for wellness and health promotion for different client populations across the lifespan* *3. Implement a plan for wellness and health promotion for*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
	different client populations across the lifespan 4. *Evaluate the effectiveness of wellness and health promotion programs in improving quality of life of different client populations*	Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment					
8. Actively engage in lifelong learning activities	1. *Develop metacognitive skills that will allow for effective self-assessment of levels of competence for performance of tasks in various practice settings* 2. Engage actively in self-directed learning strategies / opportunities 3. Engage actively in formal and informal continuing professional development activities to remain updated with current trends in practice	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
		Main Teaching-Learning Activities:					
		Assessment:					
9. Work effectively in an inter-professional collaborative setting	1. *Understand the role and scope of practice of PT in the healthcare continuum* 2. *Understand the role and scope of practice of other healthcare providers in the healthcare continuum* 3. *Appreciate the roles of other stakeholders in the care of clients* 4. *Accommodate other roles to adapt to the needs of the work setting* 5. *Demonstrate appropriate behavior as a productive member of the team* 6. *Show sensitivity and respect the beliefs and values of others that may be different from one's own* 7. *Communicate effectively through verbal, non-verbal, and written forms when dealing with other stakeholders*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
10. **Demonstrate proficiency in oral and written communication skills as well as reading and listening**	1. *Express thoughts and ideas effectively and proficiently in verbal and written forms using English and Filipino and/or any relevant language in formal and informal venues* 2. *Demonstrate effective and appropriate use of available technology in various communication contexts* 3. *Demonstrate accuracy in documentation in the practice of physical therapy* 4. *Observe prescribed guidelines in preparing written documents* 5. *Complement verbal communication with appropriate non-verbal signs consistently* 6. *Demonstrate reading comprehension at all levels* 7. *Practice active listening* 8. *Relay information effectively while considering the number and characteristics of the audience*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
11. **Demonstrate social and professional responsibility and ethical behaviors in multi-cultural settings and scenarios**	1. Respond to the needs of the physical therapy profession and other healthcare professions, as appropriate to one's level of competence and resources 2. Respond to the needs of the community at-large, as appropriate to one's level of competence and resources 3. *Exercise integrity in all undertakings*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
	4. *Demonstrate appropriate professional behavior as a productive member of a team* 5. *Ensure that any decision and action will benefit others and will not result to any harm* 6. *Provide equal opportunities to everyone regardless of gender, race, religion, political affiliation, economic status, educational background, and societal position* 7. *Allow others to make informed decisions for themselves* 8. Apply knowledge of laws, legal codes, court procedures, precedents, government regulations, executive orders, agency rules, and any processes pertinent to the practice of physical therapy 9. *Adhere to the physical therapy scope of practice*	Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
12. **Maximize the use of innovative technology in the practice of the profession**	1. Access relevant existing innovative technology 2. Adopt existing technology relevant to the practice of the profession 3. Develop new technology to advance effective and efficient practice of the profession	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					

Program Outcomes	Performance Indicators	Details of Internship Experience	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
1. **Apply knowledge of physical sciences, social sciences, health sciences and natural sciences to the practice of physical therapy**	1. Appreciation of the human condition 2. Knowledge of human behavior and performance, individual differences in ability, personality and interests, and learning and motivation 3. Capacity to personally interpret the human experience 4. Ability to view the contemporary world from both Philippine and global perspective 5. Self-assuredness in knowing and being Filipino 6. Capacity to reflect critically on shared concerns and think of innovative, creative solutions guided by ethical standards 7. Aptitude in tackling problems methodically and scientifically 8. Ability to appreciate and contribute to artistic beauty 9. Understanding and respect for freedom of religion and belief in God 10. Ability to contribute personally and meaningfully to the country's development	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
2. **Demonstrate consistent competence in conducting a comprehensive examination, evaluation, and assessment of**	1. *Utilize sound clinical reasoning skills in examination, evaluation, and assessment of patients/clients including determining the prognosis*	Provider:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
patients/clients across the lifespan within a broad continuum of care	2. *Select and effectively utilize relevant, valid, reliable, and sensitive measures of health outcomes to determine and screen health status of patients/clients* 3. *Formulate a physical therapy diagnosis for the patient/client* 4. *Accurately and completely document results of examination, evaluation, and assessment according to accepted standards* 5. *Communicate results of examination, evaluation, and assessment to patients/clients and other stakeholders* 6. *Determine the need for referral to appropriate qualified service providers*	Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
3. Demonstrate consistent competence in planning and implementing appropriate physical therapy interventions for	1. *Identify and prioritize problems that may be addressed by physical therapy interventions while utilizing sound clinical reasoning skills in planning and implementing*	Provider:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
patients/clients across the lifespan within a broad continuum of care	*appropriate physical therapy interventions* 2. *Formulate specific, measurable, attainable, realistic, and time-bound goals for patients/clients* 3. *Select appropriate and cost-effective interventions for various patient/client populations and practice settings* 4. *Effectively implement interventions to address client population needs* 5. *Re-evaluate outcomes of interventions given to client populations and modify intervention plan as needed* 6. *Determine need for continuance of treatment, discharge from treatment, or referral to appropriate qualified service providers* 7. *Communicate results of re-evaluation and plan modification to patients/clients and other relevant stakeholders* 8. *Accurately and completely document results of interventions according to accepted standards*	Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
4. Apply teaching-learning principles in different learning environments	1. Develop an instructional plan appropriate to identified learners, as follows: students, patients (age group, cognitive, and communication considerations), family and caregivers, general public (social status, education status,	Provider:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
	and gender considerations), peers, and other healthcare providers and professionals 2. Implement effectively appropriate teaching strategies to achieve learning objectives 3. Evaluate achievement of learning objectives for the target audience 4. Provide feedback to identified learners in order to improve learning	Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
5. **Practice beginning management and leadership skills in various practice settings**	1. Develop a plan for the attainment of identified goals appropriate to their practice settings: academe; clinical setting; community; research; homecare; industry; and wellness	Provider:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
	2. Organize the internal structure of the practice environment and manage resources to ensure attainment of identified goals 3. Determine qualifications of staff necessary to implement the plan for the achievement of goals and objectives 4. Demonstrate effective managerial and leadership skills to influence behavior of the team towards the attainment of goals and objectives 5. Monitor and evaluate the team's performance based on identified goals in order to determine success 6. Contribute to the crafting of local policies to strengthen the institutionalization of physical therapy services 7. Demonstrate capacity to establish an independent professional practice model while utilizing basic entrepreneurial skills *8. Apply the concepts of customer and personal service, and public safety and security in the delivery physical therapy services*	Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
6. Demonstrate research-related skills in the application of best practice evidence in the performance of various roles in different practice settings	1. Identify relevant practice questions based on a particular context 2. Conduct a systematic search of related research articles (best available evidence) in libraries and databases using identified keywords 3. Critically appraise research articles using accepted standards 4. *Utilize valid research findings in evidence-based practice (to focus on extracting the practical and clinical implications of research findings)* 5. Contribute to the development of institutional, local, national, and international programs and policies that can influence physical therapy practice, and health in general 6. Demonstrate basic skills in conducting a formal research may include:* a. Identifying relevant research problems that warrant investigation; b. Choosing an appropriate research design and methodology c. Conducting an ethics-approved research protocol d. Applying appropriate statistical analysis methods/models for data collected	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
	e. Documenting results of research according to prescribed format 7. Effectively communicate findings of the research to an audience through oral and poster presentations 8. Draft a research report in its publishable form following guidelines and standards of a chosen journal* 9. Apply basic ethical principles and good clinical practice in health research 10. Exercise integrity in the conduct of research 11. Collaborate with researchers in other areas of specialization to generate research with broader application or impact 12. Identify and maximize sources of funding to support the conduct of research* **Indicators 6, 8 and 12 are expected of University-level programs*	Main Teaching-Learning Activities:					
		Assessment:					
7. **Promote health and improved quality of life through the practice of the profession**	*1. Assess general state of health and quality of life in different client populations across the lifespan* *2. Develop / create / enhance a plan for wellness and health promotion for different client populations across the lifespan* *3. Implement a plan for wellness and health promotion for*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
	different client populations across the lifespan 4. *Evaluate the effectiveness of wellness and health promotion programs in improving quality of life of different client populations*	Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment					
8. **Actively engage in lifelong learning activities**	1. *Develop metacognitive skills that will allow for effective self-assessment of levels of competence for performance of tasks in various practice settings* 2. Engage actively in self-directed learning strategies / opportunities 3. Engage actively in formal and informal continuing professional development activities to remain updated with current trends in practice	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
		Main Teaching-Learning Activities:					
		Assessment:					
9. **Work effectively in an inter-professional collaborative setting**	1. *Understand the role and scope of practice of PT in the healthcare continuum* 2. *Understand the role and scope of practice of other healthcare providers in the healthcare continuum* 3. *Appreciate the roles of other stakeholders in the care of clients* 4. *Accommodate other roles to adapt to the needs of the work setting* 5. *Demonstrate appropriate behavior as a productive member of the team* 6. *Show sensitivity and respect the beliefs and values of others that may be different from one's own* 7. *Communicate effectively through verbal, non-verbal, and written forms when dealing with other stakeholders*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
10. Demonstrate proficiency in oral and written communication skills as well as reading and listening	*1. Express thoughts and ideas effectively and proficiently in verbal and written forms using English and Filipino and/or any relevant language in formal and informal venues* *2. Demonstrate effective and appropriate use of available technology in various communication contexts* *3. Demonstrate accuracy in documentation in the practice of physical therapy* *4. Observe prescribed guidelines in preparing written documents* *5. Complement verbal communication with appropriate non-verbal signs consistently* *6. Demonstrate reading comprehension at all levels* *7. Practice active listening* *8. Relay information effectively while considering the number and characteristics of the audience*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
11. Demonstrate social and professional responsibility and ethical behaviors in multi-cultural settings and scenarios	*10. Respond to the needs of the physical therapy profession and other healthcare professions, as appropriate to one's level of competence and resources* *11. Respond to the needs of the community at-large, as appropriate to one's level of competence and resources* *12. Exercise integrity in all undertakings*	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
	13. *Demonstrate appropriate professional behavior as a productive member of a team* 14. *Ensure that any decision and action will benefit others and will not result to any harm* 15. *Provide equal opportunities to everyone regardless of gender, race, religion, political affiliation, economic status, educational background, and societal position* 16. *Allow others to make informed decisions for themselves* 17. Apply knowledge of laws, legal codes, court procedures, precedents, government regulations, executive orders, agency rules, and any processes pertinent to the practice of physical therapy 18. *Adhere to the physical therapy scope of practice*	Mode (e.g., FTF health facility, FTF lab simulation, virtual):					
		Main Teaching-Learning Activities:					
		Assessment:					
12. **Maximize the use of innovative technology in the practice of the profession**	1. Access relevant existing innovative technology 2. Adopt existing technology relevant to the practice of the profession 3. Develop new technology to advance effective and efficient practice of the profession	Provider:					
		Type of Rotation (Clinical, Non-Clinical):					
		Mode (e.g., FTF health facility, FTF lab simulation, virtual):					

Program Outcomes	Performance Indicators	Details of Internship Experience	JANUARY	FEBRUARY	MARCH	APRIL	MAY
		Main Teaching-Learning Activities:					
		Assessment:					